

Berry Baked Oats

8 ingredients · 45 minutes · 6 servings



Directions

1. Preheat oven to 350°F (180°C). Grease a baking pan with coconut oil.
2. Add all ingredients except the sliced almonds to a mixing bowl and stir until thoroughly combined.
3. Transfer to baking dish and sprinkle with the almonds. Bake for about 45 minutes or until a toothpick comes out clean. Enjoy!

Notes

Leftovers

Refrigerate in an air-tight container up to 3-5 days. Freeze if longer.

Like It Sweeter

Use 1 mashed banana or 2 tbsp of maple syrup.

No Almonds

Replace with pecans, walnuts, pumpkin seeds or sunflower seeds.

Nut Free

Use an appropriate milk, and use sunflower seed butter instead and sprinkle seeds on the top.

Ingredients

- 2 cups Oats
- 2 cups Unsweetened Almond Milk
- 1 Egg
- 1 tsp Cinnamon
- 2 tbsps Ground Flax Seed
- 2 cups Frozen Berries
- 1 tbsp Almond Butter
- 1/4 cup Sliced Almonds